STUDY STRATEGIES BLUEPRINT

BEFORE...

1. CREATE INTEREST - "get psyched" for motivation and momentum
2. USE WHAT YOU ALREADY KNOW - "magnetize" your background knowledge
3. INTEND TO REMEMBER - activate your focus and concentration

DURING...

4. ANTICIPATE TEST QUESTIONS - predict and practice open-book beforehand
5. BE SELECTIVE - choose only about 25% to highlight/record/memorize

AFTER...

6. CREATE MEANINGFUL ORGANIZATION - label, categorize, sort, diagram...
7. PUT THE IDEAS IN YOUR OWN WORDS - summarize out loud
8. REDUCE THE INFORMATION - condense into margin notes, summaries, flash cards, ...
9. FIND A PERSONAL APPLICATION - make it real, write about, try it, ...
10. MONITOR YOUR LEARNING - test yourself from memory/teach it to Someone else
11. DISTRIBUTED YOUR STUDY - spread a course's study hours (2 per credit-hour) throughout the week